

Unit Dimensions (mm) LxWxH: 2110 x 610 x 1580

## Certified by TUV to EN 16630

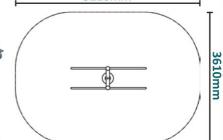


Suitable for users over 1400mm tall

Unit Weight: 61kg Unit Free Fall Height: 1490mm Area Needed: 5110mm x 3610mm

## **Safety Spacing**

5110mm













This unit can be used for tricep dips and standing press-ups - a great way to develop strong triceps whist also working on the chest.

The workout Range features individual fitness stations which offer an environmentally friendly outdoor fitness facility. Each unit is designed to target a specific muscle group, creating a variety of activities which can create a full body workout or aid recuperation after accident or illness. Workout units are available in three attractive colour combinations : blue and silver, green and silver or red and yellow.

(Surface diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)









