

Unit Dimensions (mm) LxWxH: 1700x1350x685

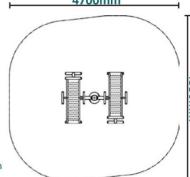
Certified by TUV to EN 16630



Unit Weight : 63kg Unit Free Fall Height : 630mm Area Needed: 4700mm x 4350mm

Safety Spacing

4700mm













This unit allows the user to gain a wider range of abdominal movement whilst performing sit-ups.

The workout Range features individual fitness stations which offer an environmentally friendly outdoor fitness facility. Each unit is designed to target a specific muscle group, creating a variety of activities which can create a full body workout or aid recuperation after accident or illness. Workout units are available in three attractive colour combinations: blue and silver, green and silver or red and yellow.

(Surface diagram to scale 1:100 on A4) (User diagram shows unit with a 1.8m tall adult)









