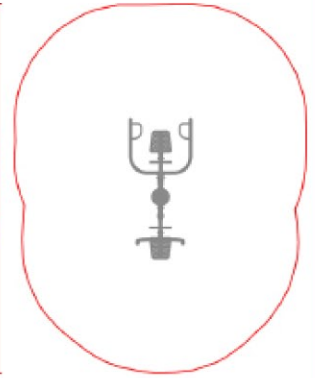


Safety Spacing

3742mm

5200mm



Certified by TUV to EN 16630

Suitable for users over 1400mm tall.

Unit Free Fall Height : 690mm
Area Needed: 5200mm x 3742mm



The Chest Press provides an upper body workout focusing on the chest and arms. The Lat Pull focuses on developing the shoulders and the triceps. This unit will develop and strengthen the muscles.

The workout Range features individual fitness stations which offer an environmentally friendly outdoor fitness facility. Each unit is designed to target a specific muscle group, creating a variety of activities which can create a full body workout or aid recuperation after accident or illness. Workout units are available in three attractive colour combinations : blue and silver, green and silver or red and yellow.

(Surface diagram to scale 1:100 on A4)
(User diagram shows unit with a 1.8m tall adult)

